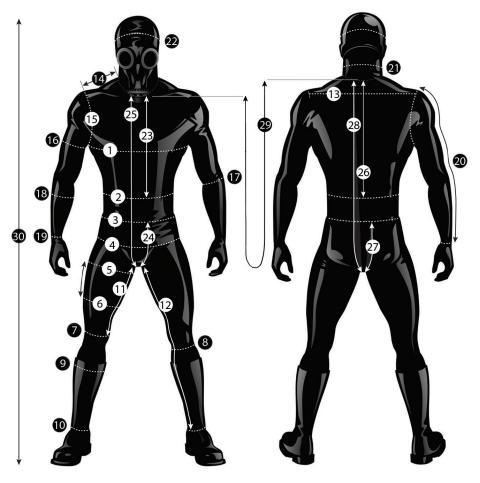
# DECULATION ILLUULATION



# **MEASURING TIPS**

### Wear Fitted Clothing

For precise measurements, ask the person being measured to wear form-fitting clothing to eliminate bulk and provide accurate results.

### Maintain a Relaxed State

Advise the person being measued to stand in a relaxed, natural posture to avoid tension in muscles that could affect measurements.

### Measure Snugly on the Body

Ensure the measuring tape is snugagainst the body without being too tight or too loose, providing accurate measurements.

Measure Perpendicular to the Floor Keep all circumferences straight in relation to the floor or vertical body to maintain consistency and avoid distortions in measurements caused by angles.

### Measure Twice for Accuracy

Repeat measurements to confirm accuracy and identify any discrepancies.

## Customer Name

| CHEST (circumference directly at the position of the nipples)   |              |
|---|--------------|
| WAIST (circumference directly at the natural position of your waist usually just above the naval)               |              |
| HIPS (circumference directly at the position of the hip bone)   |              |
| SEAT (circumference at the widest part of the bum)  |              |
| TOP THIGH (circumference at 5cm down from the crotch)   |              |
| LOWER THIGH (circumference 15 cm below TOP THIGH [NO.5])  |              |
| AROUND KNEE (circumference at the centre of the joint)  |              |
| BELOW KNEE (circumference at the base of the joint)   |              |
| CALF (circumference at the widest point of the calf)  |              |
| ANKLE (circumference above the ankle joint, point at which the leg is to finish)                                |              |
| CROTCH TO CENTRE OF THE KNEE (measure straight down on the inside of the leg to point of AROUND KNEE [NO.7] n   | neasurement) |
| INSIDE LEG (measure straight down on the inside of the leg to point of ANKLE [NO.10] measurement)               |              |
| ACROSS SHOULDERS (measure straight between the shoulder joints across the back)                                 |              |
| SHOULDER LENGTH (measure straight from side base of neck to shoulder joint)                                     |              |
| ARM HOLE (circumference from point of shoulder joint underneath the armpit)                                     |              |
| AROUND BICEP (circumference at the widest point)  |              |
| AROUND ELBOW (circumference at the centre of the joint)   |              |
| AROUND FOREARM (circumference at the widest part)   |              |
| AROUND WRIST (circumference at the narrowest part of the wrist, point at which the sleeve is to finish)         |              |
| ARM LENGTH (measure straight on the outside of the arm from point of the SHOULDER [NO.15] to point of WRIST [NC | D.19])       |
| COLLAR (circumference around the neck, just below the Adam's apple)   |              |
| CROWN only measurement that is taken tilted (circumference around the head)                                     |              |
| CF NECK TO WAIST (measure from the clavicle between the collarbones to in line with the WAIST [NO.2])           |              |
| FRONT RISE (measure form a central spot in the crotch to in line with the HIPS [NO.3])                          |              |
| FRONT RISE TO NECK (measure form a central spot in the crotch to the clavicle between collarbones)              |              |
| CB NECK TO WAIST (measure from the base of the neck to in line with the WAIST [NO.2])                           |              |
| BACK RISE (measure form a central spot in the crotch to in line with the HIPS [NO.3] over the buttcheeks)       |              |
| BACK RISE TO NECK (measure from the crotch to the base of the neck at CB)                                       |              |
| TOTAL TORSO (measure from CF NECK [NO.23] to CB Neck [NO.26] in one go)   |              |
| HEIGHT  |              |

General Body Build: Average Slim Big & Muscled

All garments will be made on the basis of measurements supplied. We cannot accept responsibility if garments made correctly do not fit.

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# **ADDITIONAL MEASUREMENTS FOR SLEEPSACKS**

## Wear Fitted Clothing

For precise measurements, ask the person being measured to wear form-fitting clothing to eliminate bulk and provide accurate results.

### Maintain a Relaxed State

Advise the person being measued to stand in a relaxed, natural posture to avoid tension in muscles that could affect measurements. Feet should be apart in a comfortable stance.

### Measure Snugly on the Body

Ensure the measuring tape is snugagainst the body without being too tight or too loose, providing accurate measurements.

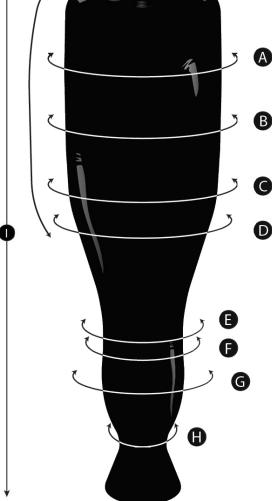
Measure Perpendicular to the Floor Keep all circumferences straight in relation to the floor or vertical body to maintain consistency and avoid distortions in measurements caused by angles.

### Measure Twice for Accuracy

Repeat measurements to confirm accuracy and identify any discrepancies.

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### Customer Name

| A BODY AT CHEST (circumference directly at the position of the nipples with arms parallel to the body)                                 |
|--|
| B BODY AT WAIST (circumference directly at the natural position of your waist usually just above the naval with arms parallel to body) |
| C BODY AT SEAT (circumference at the widest part of the bum with arms parallel to the body)  |
| D BODY AT TOP THIGH (circumference at 5cm down from the crotch with arms parallel to the body)   |
| E BODY AROUND KNEES (circumference at the centre of the joint)   |
| F BODY BELOW KNEES (circumference at the base of the joint)  |
| G BODY AROUND CALFS (circumference at the widest point of the calf)  |
| H BODY AROUND ANKLES (circumference above the ankle joint, point at which the leg is to finish)  |
| I BASE OF NECK TO FLOOR (measured straight from the base of the neck at CB to the floor)   |
| J NECK/OVERARM TO TIP OF FINGER (measured straight from the side of the neck down the arm to the tip of finger)                        |
|  |
| LENGTH OF FOOT (measured flat from toe to heel)  |
| WIDTH OF FEET TOGETHER (measured flat across both feet at the widest point when feet are flat together)                                |
|  |
| General Body Build: Average Slim Large Big & Muscled   |
|  |
|  |

All garments will be made on the basis of measurements supplied. We cannot accept responsibility if garments made correctly do not fit.

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